

# LFC REVOLUTION

# Rising U19Boys (2002-03)

Head Coach	David D'Onofrio	ddonofrio@thecaseygroup.us
Team Manager	Bill Mayer	wmayer4va@gmail.com

## Fall Training

Technical Training	Opportunities with other LFC clubs and trainers	Morven Park and/or Evergreen SportsPlex

## Winter Training

Indoor/	LFC Club Training	Middleburg Academy
Outdoor		

## Spring Training

Technical Training	Opportunities with other LFC clubs and trainers	Morven Park and/or Evergreen SportsPlex

## Tournament Schedule \*\*

DNST/Rush For the Cup/Similar	August/Labor day Weekend
Loudoun Showcase	March 6-8, 2020
Hershey Memorial Day Tournament	May 23-24, 2020

## League Schedule

Fall – National Capital Soccer League	TBD
Spring – National Capital Soccer League	TBD

\* Additional training may be through LFC or an added practice

\*\* Subject to change