

LFC REVOLUTION

Rising U16 Boys (2003)

Head Coach	David D'Onofrio	ddonofrio@thecaseygroup.us
Team Manager	Bill Mayer	wmayer4va@gmail.com

Fall Training + Training Camp

Technical Training	Saturday Starting August 25, 2018	Morvan Park, Field TBD
Tactical Training **	Wednesday Starting August 22, 2018	Morvan Park, Field TBD
Additional*	LFC Ball Mastery Monday TBD	Morvan Park, Field TBD

Winter Training

Indoor	Sunday January and February 2019	Douglass Community Center (most likley)
Outdoor	TBD	Evergreen SportsPlex Field TBD

Spring Training

Technical Training	Saturday Starting March 3, 2018	Evergreen SportsPlex - Field 4b
Tactical Training	Wednesday Starting TBD (approx. March 14)	Morvan Park, Field TBD
Additional*	LFC Ball Mastery Monday TBD	Morvan Park, Field TBD

Tournament Schedule **

DNST/Rush For the Cup	August/Labor day Weekend
Showcase	TBD
PWSI Icebreaker/Stafford St. Paddy's Day	March 2018 TBD
Hershey Memorial Day Tournament	May 25-26, 2019

League Schedule

Fall – National Capital Soccer League	TBD
Spring – National Capital Soccer League	TBD

* Additional training may be through LFC or an added practice

** Subject to change